

SVMS

Counselor Newsletter

December 2023



REMINDERS:

[SAP](#) - Identifying and removing barriers to learning, including issues with alcohol, tobacco, other drugs, and mental health needs.

[Safe2Say](#) - If you feel someone may be a threat to themselves or someone else, "Say Something" BEFORE it's too late.

SAVE THE DATE:

December 22nd

Half Day early dismissal

December 23rd - January 2nd

Winter Break! See you on January 3rd!

RESOURCES:

[Hellertown Food Pantries](#)

[Feed the Hungry Food Bank](#)

[Caron Youth Education Program \(YEP\)](#)



Let's talk about:

COMPASSION **& SERVICE**



Showing genuine concern and compassion for others then enacting a plan of service to support them is important all year round, but even more so during the stressful months surrounding the holiday season.

TEAMWORK:

Working together is vital in any environment- school, work, extracurricular, and others. There are many ways you can contribute and many roles you can play. [What will make or break your next role?](#) [Find out why teamwork matters.](#) **How can you be a better teammate?**

COMMUNITY INVOLVEMENT:

The SVMS Holiday Helpers program anonymously matches up families for giving and receiving during the holiday season! If you are in need of assistance with purchasing holiday gifts for your children or would like to sponsor a child/family, please contact your child's grade-level counselor. Sign up [HERE](#).

GIVING BACK:

Gaining real-world work experience through volunteering or [community service](#) is a great way for students to build skills, increase employability and enjoy a range of other benefits. Learn about these [10 Reasons Why Students Should Volunteer.](#) **How will you give back to your community?**